

"Think benevolently; Speak wisely; Act fairly; Work intelligently; Share altruistically; Serve selflessly; Live moderately; Success follows... Fulfillment thereafter."

# MASTER DEL PE

SPIRITUAL MASTER, MIRACULOUS HEALER, LIFE MENTOR, PHILANTHROPIST, SPIRITUAL ENTREPRENEUR

A ster Del Pe is internationally known as the **guru who wears many hats**. His background is very diverse and rich with the alchemy of the best of the eastern wisdom and western knowledge. Some know him by different trades as a spiritual master, miraculous healer, martial arts master, world expert of meditation and the 8 types of yoga, humanitarian, social transformer, engineer, philanthropist and spiritual entrepreneur.

Author of 12 books centered on self-development and self-mastery, he has created over 200 courses, 150 of which are available online, taught under his 3 international organizations: Wisdom Institute for Leadership and Global Advancement (WILGA), World Institute for Incurable Diseases (WIID) and BElife Institute for Higher Consciousness (BIHC). His expertise in World Philosophies, World Religions and World Culture are direct learning and experience living in many cultures and travelling to over 100 countries while teaching and healing over 400,000 clients globally.

Considered as a modern sage by his students around the world, and a life mentor to CEOs, corporations, world leaders and governments, Master Del Pe has dedicated his life to training students globally on spirituality, Balanced-Life strategies and leadership through wisdom. Through his teachings, he brings to humanity the concept of 'Flying high with 2 balanced wings - spiritual and material' to help them live their greatest life and be completely fulfilled.

He created BIHC to be the pioneering training organization along the line of Esoteric Psychology, Esoteric Science, Spiritual Technology, Divine Alchemy, Healing Science and Aquarian Life Philosophy. He developed a mountain resort in the Philippines in the most pristine environment as the world headquarter for his 3 institutes. Master Del Pe trains and certifies world-class healing specialists and spiritual trainers to mentor and heal clients from around the world via online services or inperson. Many international students also come to his MDP Village Resort for healing, spiritual apprenticeship, spiritual retreats and certification to become a trainer or specialist.

Master Del Pe is mostly known by his students as one who trains disciples to master life ahead of its time.

Learn more about Master Del Pe: **www.masterdelpe.com** 

# MASTER DEL PE'S CURRICULUM VITAE

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Address: MDP Village, Brgy. Rosario, Cervantes, Ilocos Sur, Philippines

# EXPERTISE AND ACCOMPLISHMENTS

- Modern Sage, Healing Guru and Life Mentor
- Founder of BElife, BElife Institute for Higher Consciousness (BIHC), the Wisdom Institute for Leadership and Global Advancement (WILGA) and the World Institute for Incurable Diseases (WIID)
- Visionary Educator, Humanitarian and Social Transformer
- Bestselling author of nine books and creator of more than a dozen CDs and DVDs for wellness and self-mastery
- Founder of BEwell ScienceTM with over 13 plus specializations to heal and energize one's life
- World expert in 12 styles of Meditation and 8 types of Yoga; Master of Japanese Karate and founder of Aquarian Martial Arts Yoga-ScienceTM (AMAYS)
- Life mentor to CEOs and top leaders globally

## INTERNATIONAL AWARDS

- Martial Arts Champion, all weights, open style and black belt division, Saudi Arabia (1985-88)
- Toastmasters Hall of Fame at Toastmasters International (Taped Contest): First place in International Speech from around the world (1989)
- Lifetime Achievement Award by the Academy of Global Business Advancement (AGBA) Hannover University of Germany, Texas A & M University and New York Institute of Technology (2008)
- Distinguished Management Thought Leader Award at COMSAT and SAICON The South Asian International Conference, South Asia (2008)
- International Professor Award at the UN Millennium Development Convention by Svent Istvan University, Hungary (2009)
- Visionary Author Award by Guru Rabindranath Tagore\* Foundation, Visva-Bharati University, Santiniketan, India (2011)
  - \*Tagore was India's first Nobel Laureate
- Indra Award for Excellence in Spiritual Teaching from the Association of Ayurvedic Professionals of North America (AAPNA), USA (2011)
- International Brotherhood Karate-Do, Chief Instructor/Sensei, 13-City Organization

# SELECTED INTERNATIONAL CONSULTING, TRAINING AND PRESENTATIONS

## USA, TEXAS

- Texas Association of Addiction Professionals (TAAP) Metamorphosis Symposium: Develop Transformational Leadership: Harmonize your Power, Love and Light. Fort Worth, USA
- Texas Yoga Conference: Harmonizing your Power, Love and Light though the Yoga of Synthesis. Houston, USA, Keynote Speaker
- OSSCube, Austin, 7 Cycles of life to Master Decision Making, Seminar
- Hewlett-Packard, Texas, Stress and Fatigue Management for Executives, Seminar
- Women in Technology International, Texas, Maximizing Performance and Balancing Your Life, Seminar
- Graduation Ceremony of Sanford Brown College for healthcare professionals. Houston, USA, Keynote Speaker
- International Convention on Higher Consciousness, Convention Leader

### USA, BOSTON

• Association of Ayurvedic Professionals of North America (AAPNA), Annual Conference. Harmonizing Power, Love and Light in Leadership, Keynote Speaker

#### USA, CONNECTICUT

- Siemens, Stamford, Connecticut, Maximizing Performance and Balancing Your Life, Seminar
- Norwalk Hospital, Connecticut, Beat Your Fatigue and Stress Fast, Seminar
- Tyco, Connecticut, Stress and Fatigue Management for Executives, Seminar

## USA, ARIZONA

- The Thunderbird School of International Management, Phoenix, Arizona :
  - Beat Your Fatigue and Stress Fast, Training Program
  - Wisdom Martial Arts for Global Leadership Profiling & Development, Keynote Presentation

#### USA, NEW YORK

- The World Bank, Maximizing Performance and Balancing Life, Seminar
- Sony Corporation, New York, Your 7 Life Cycles to Work Smarter, Live Healthier and Grow Faster, Seminar

#### USA, CALIFORNIA

• Institute for the Future, Palo Alto, Stress and Fatigue Management for Executives, Seminar

## ECUADOR

- Consortium Nobis, Guayaquil, Ecuador
  - 8 Types of Leaders Every Leader Should Know, Seminar
  - Maximizing Performance While Balancing Your Life, Seminar
  - -7 Cycles of Life, Seminar
  - Conflict Resolution and Crisis Management, Seminar
  - 5 Levels of Intelligences of Highly Effective Leaders, Seminar
- Central Bank Guayaquil, Ecuador:
  - 8 Types of Leaders Every Leader Should Know, Seminar
  - -7 Cycles of Life, Seminar
  - 5 Levels of Intelligences of Highly Effective Leaders, Seminar
  - Maximizing Performance While Balancing Your Life, Seminar
- Guayaquil Bank, Guayaquil, Ecuador:
  - Stress and Fatigue Management for Leaders, Seminar
- Biess Bank, Guayaquil, Ecuador:
  - 8 Types of Leaders Every Leader Should Know, Seminar
  - -7 Cycles to Master Decision Making, Seminar
- Ministry of Productivity, Guayaquil, Ecuador:
  - 8 Types of Leaders Every Leader Should Know, Seminar
  - -7 Cycles to Master decision making, Seminar
- National Corporation of Telecommunications Cooperative of Employee Credit Unions, Guayaquil, Ecuador, Balancing Life Strategies, Seminar
- Colgate-Palmolive, Guayaquil, Ecuador headquarters, Growing stronger and wiser through change, Seminar
- CORPEI, Ecuador, Corporate Anatomy Diagnostic Profiling and Consulting - 8 Types of Leaders Every Leader Should Know, Seminar
  - 5 types of Intelligences for Highly Effective Leaders, Seminar
- Universidad Católica Santiago, Guayaquil, Ecuador, 5 Levels of Intelligences for Highly Effective Leaders, Seminar
- Internal Revenue Service, Guayaquil, Ecuador, 8 Types of Leaders Every Leader Should Know and Maximizing Performance While Balancing Your Life, Seminar
- Pharmaceutical Rommers, Guayaquil, Ecuador, 8 Types of Leaders Every Leader Should Know, Seminar
- Escuela Superior Politecnica del Litoral (ESPOL), Guayaquil a public university, 5 Levels of Intelligences for Highly Effective Leaders, Seminar,
- IDE Business School, Guayaquil, Ecuador, Transformational Leadership, Seminar

## PUERTO RICO

- BlackBox Network Services, Puerto Rico
  - Corporate Anatomy Diagnostic Profiling and Consulting
  - Beat Your Fatigue and Stress Fast, Seminar
  - 8 Types of Leaders Every Leader Should Know, Seminar
  - The 5 Intelligences of Highly Developed Leaders, Seminar
- La Parilla Argentina, Puerto Rico
  - Corporate Anatomy Diagnostic Profiling and Consulting
  - Corporate Leadership Team 7 Cycles Profiling and Consulting
  - Beat Your Fatigue and Stress Fast, Seminar
- Nellcor/Tyco Healthcare, Mexico
  - Beat Your Fatigue and Stress Fast, Seminar
  - The 5 Intelligences of Highly Developed Leader, Seminar
  - Maximizing Performance and Balancing Life, Executive Coaching
- National Human Resources Congress, Ecuador
  - The 5 Intelligences of Highly-Developed Professionals and Executives
- Sales and Marketing Executives Conference, Puerto Rico
  - Inner Powers for Successful Sale

#### BRAZIL

• Royal FIC, Campinas

- Business Intuitive Consulting and Technology transformation project, comprising of 12 custom seminars on enabling strategy, people strategy, technology strategy, business strategy and corporate social responsibility strategy.

- The 5 Intelligences of Highly-Developed Leaders, Seminar
- 8 Types of Leaders Every Leader Should Know, Seminar
- Maximizing Performance and Balancing Life, Seminar
- -7 Cycles of life to Master Decision Making, Seminar
- Stress and Fatigue Management for Top Executives, Seminar
- National Human Resources Congress, Brazil
  - The 5 Intelligences of Highly-Developed Professionals and Executive, Keynote Presenter
- Abbott Laboratories
  - 8 Types of Leaders Every Leader Should Know, Seminar
  - Maximizing Performance and Balancing Life, Seminar
- Conference on Higher Consciousness, Rio De Janiero, Awakening the Power of your Soul, Keynote Speaker

#### COLOMBIA

• Abbott Laboratories, Colombia

- Managing Stress for Maximum Success and Overcoming Anger, Fear and Frustrations, Seminar for Employees to prepare them for notification of termination

- Team coaching & consulting for management team
- Office of the President, Colombia (Two Administrations), Leadership and Performance consultant
- Andes University, De La Salle University and Externado University, Maximizing Performance and Leadership, Lecture.
- AGA,
  - Maximizing Performance and Balancing Life, Seminar
  - 8 Types of Leaders Every Leader Should Know, Seminar

#### VENEZUELA

• Baxter Healthcare, Venezuela: Executive Retreat on Managing Stress for Maximum Success, Leadership in Action and Mastering the Dynamics and Essence of Time with personalized coaching-mentoring

#### ITALY

- Office of the Mayor (Lajatico), Living Your Greatest Life, Lecture
- Office of the Mayor (Calci): Living Your Greatest Life, Lecture
- Office of the Mayor (Biella): Live your greatest Life, Lecture
- Man and Mystery Convention, Keynote Speaker, organized by Edizioni Mediterranee, Italy

#### UK

- 10th Annual International Conference on Experiential Learning: Inspiring Leadership, Lancaster, UK
  - East Meets West: A New Business Psychology for Wisdom and Visionary Leadership

#### SWITZERLAND

• United Nations, New York - Group of Spiritual Practitioners, Spiritual Sciences, Lecture

## PHILIPPINES

- Office of the Presidential Management Staff, Malacanyang, Philippines: Living Your Greatest Life, Seminar
- Armed Forces of the Philippines Leadership Development Center (AFPLDC), Camp Aguinaldo, Manila, Life Tools for Leaders (Part 1), Seminar and Guest Speaker
- Philippine Navy, Philippine Navy Headquarters, Sexual Alchemy and Divine Intimacy, Seminar
- Philippine Air Force Aviation Leadership and Excellence Nexus, Member of the Advisory Board
- Civil Service Commission, Fort Ilocandia Resort Hotel, Building Positive Relationships in the Workplace, Main Subject Matter Expert Speaker
- Council of Human Resource Management Practitioners, Fort Ilocandia Resort Hotel, Building Positive Relationships in the Workplace, Main Subject Matter Expert Speaker
- Jolibee Corporation, Manila, Philippines:
  - Maximizing Performance and Balancing Life, Seminar
  - 8 Types of Leaders Every Leader Should Know, Seminar
- Jolibee Foundation Collaborators' Summit, Manila, Philippines: Living Your Greatest Life, Lecture
- Yuchengco Museum, RCBC Plaza, Heal and Energize Your Life, Guest Speaker at the Y Now? Healing and Arts Festival
- Rotary Club of Alabang, Muntinlupa City, Sexual Alchemy and Divine Intimacy, Guest Speaker
- Healing House, Wack Wack Village, Awakening the Power of Your Soul, Guest Speaker
- Unleash International Corporation, Manila, Philippines: Balanced Life Strategies, Seminar
- St. Luke's Hospital, Manila, Philippines: Balanced Life Strategies, Seminar
- Asian Hospital, Manila, Philippines: Energy Medicine: How to Heal and Energize Your Life, Seminar
- St. Luke's Medical Center, Quezon, Philippines: Heal and Energize Your Life, Seminar
- Makati Medical City, Makati, Philippines: Heal Your Past and Energize Your Future, Lecture
- Cardinal Santos, Manila, Philippines: Balanced Life Strategies, Seminar
- De La Salle School of Parents, Alabang, Philippines: 8 Types of Children and How to Parent and Educate Them, Lecture
- Union Christian College, City of San Fernando, La Union: Growing Stronger and Wiser Through Change, Lecture
- Don Mariano Marcos Memorial State University (DMMMSU MLOC), City of San Fernando, La Union: Maximizing Your Performance and Balancing Your Life, Lecture
- SPACES, BGC, Sexual Alchemy and Divine Intimacy, Book Launch and Lecture
- SPACES, Makati, Sexual Alchemy and Divine Intimacy, Book Launch and Lecture
- FITSTREET, BGC, The Art and Science of Survival and Self Defense, Guest Speaker
- City of Taguig Real Estate Board, Trinity of Enlightened Leadership, Guest Speaker
- Pe Clan Association, Manila: Family Virtue Development and Legendary Leadership, Keynote Address
- Youth Leadership Summit, Cervantes, Ilocos Sur, Guest Speaker

## INDIA

- IIT Delhi Harvard Association, New Delhi, India: The Trinity of Transformation, Lecture
- World Academy of Science and Spirituality (WASS), New Delhi, India, Keynote Speaker
- Price Waterhouse Cooper, Bangalore, India, Maximizing Performance and Balancing Life, Seminar
- Oil and Natural Gas Corporation Limited (ONGC), 8 Types of Leaders Every Leader Should Know, Seminar
- OSSCube, Delhi, Live Your Greatest Life, Seminar
- Ninth International Conference on Management of Transformation, Keynote Speaker, Transformational Leadership
- CEO Round Table, Bangalore, Balancing Life Strategies for Leaders, Seminar
- Complete Wellbeing Magazine (Organizer), Maximizing Performance and Balancing Life, Seminar for 200 plus professions at Le Meridian, Delhi
- QAI India, Delhi, 7 Cycles of life to Master Decision Making
- Sahara Group, Lucknow
  - Stress and Fatigue Management for Leaders, Seminar
  - 8 Types of Leaders Every Leader Should Know, Seminar
- IAS Officers Wives Association (IASOWA), New Delhi, India, Live Your Greatest Life, Lecture
- Sanskriti School, New Delhi, India, Live Your Greatest Life, Lecture
- Birla Institute of Technology & Science (BITS), Pilani, 8 Types of Learners and how to educate them, Seminar.
- Amity University, Noida and Jaipur, India
  - The Trinity of Leadership, Seminar
  - The 5 Intelligences of Highly-Developed Professionals and Executive, Seminar
  - 8 Types of Leaders, Seminar
- Amity International School, 8 Types of Children and how to Educate Them, Lecture
- Spastics Society of India, Kanpur, Heal and Energize your Life, Seminar
- Healing Science Specialization for Diabetics Training Program, New Delhi
- Tihar Jail, (one of the largest prison systems in the world), Harmony Life, Workshop

## SOUTH AFRICA

- VODACOM, South Africa: Mastering Your Emotional Intelligence to Maximize Your Power of Influence, Seminar
- South African Broadcasting Corporation (SABC):
  - 8 Types of Leaders Every Leader Should Know, Seminar
  - Maximizing Performance and Balancing Life, Seminar
  - Stress and Fatigue Management for Top Executives, Seminar
  - HIV/AIDs energy medicine rescue program
  - Leadership Mentor to SABC CEO and Top Leaders
  - SABC Annual Conference, Keynote Speaker on Leadership in Action
- Department of Foreign Affairs, Pretoria
  - 8 Types of Leaders Every Leader Should Know, Seminar
  - Stress and Fatigue Management for Executives, Seminar
- Department of Defense, Sports Division, Sport Energy Medicine, Lecture
- University of Kwazulu-Natal

- The 5 Intelligences of Highly-Developed Professionals for Executive Social Workers, Healthcare Givers, Psychologist and African Healer groups (Johannesburg, Cape Town, Durban and Pretoria), Energy Medicine for HIV/AIDs, 12 Training Programs

## MOZAMBIQUE

• Energy Medicine for HIV/AIDs Training Program, Maputo

#### CONGO

• Energy Medicine for HIV/AIDs Training Program, Brazzaville

## AUSTRALIA

• Association of Indians of Australia, Heal and Energize your Life, Seminar

### THAILAND

• Change Mai Hotel, Chang Mai, Heal and Energize your Life, Seminar

#### SRILANKA

- Central Bank of Sri Lanka
  - Stress and Fatigue Management for Leaders, Seminar
  - Heal and Energize your Life, Seminar

# SELECTED PRESENTATIONS AND CLIENTS

#### **Banking and Financial Services**

- Bank of the Philippine Islands (BPI)
- Biess Bank
- Cathay Bank
- Central Bank of Ecuador
- Guayaquil Bank
- Inter-American Development Bank
- Mutualista Pichincha
- Pacificard
- Price Waterhouse Coopers (PWC)

#### Consumer Goods and Services; Manufacturing; Telecommunications

- AGA
- Borders Books
- Chiquita
- Coca-Cola
- Colgate-Palmolive
- COLVATEL
- Consortium Nobis
- CORPEI
- Deloitte & Touche
- Direct Marketing and Media Group
- Faena Hotel & Universe
- Favorita Fruit Company
- Hotels Dann Carlton
- LMG
- McCann Erickson
- Multibienes
- Nobis
- Pronaca
- Sahara Group
- Zoom Media

#### Sports

- National 2004 Olympic Diving Team, USA
- National Soccer Team, Costa Rica
- FITSTREET, Philippines

#### Educational

- Catholic University of Ecuador
- IIT Delhi-Harvard Association
- De La Salle School
- Institute for the Future
- Pontifica Universida Javeriana, Criminology Department
- Sagrado Corazon
- Sanford Brown College
- Suny Rockland Community College
- Taft School, USA
- Thunderbird School of International Management
- Uniandinos
- Universidad Americana
- Universidad Externado de Colombia
- Universidad Politecnica de Guayaquil
- University of Phoenix, Puerto Rico
- Universidad Católica Santiago de Guayaquil
- Unleash International
- University of Kwazulu-Natal

#### IT/ Technical/ Engineering/ Automobiles

- Armillary Enterprises
- Automotriz Mantica
- Balzo Engineering
- Bavaria Group
- Black Box Network Services
- COLVATEL
- Ecopetrol
- ElecAustro
- Hewlett-Packard
- IBM, Colombia
- National Corporation of Telecommunications, Ecuador
- OSSCube, India and USA
- Siemens, USA
- Sony, USA
- Value-One, India

#### Government, Associations and Non-Governmental Organizations

- ACRIP
- American Businesswomen's Association
- Armed Forces of the Philippines Leadership Development Center (AFPLDC), Philippines
- Association of Ayurvedic Professionals of North America (AAPNA)
- Association of Young Presidents Rio
- Business After Hours Network
- Caja Municipal de Arequipa
- CAPEIPA
- Centro de Democracia
- Chambers of Commerce (USA and Colombia)
- City of Taguig Real Estate Board
- Civil Service Commission (CSC) (Philippines)
- Club Athenium
- Colombia Association of Hotel Owners
- Congreso Iberoamericano de Mujeres
- Consulate of Colombia
- Council of Human Resource Management Practitioners (Philippines)
- Empresarias de la Association Iberoamericana de Mujeres Empresarias, Uruguay
- Executive MBA Council
- FISE
- Fundacion Colegio Americano, Ecuador
- Gulf Coast Careers/Work Source
- Instituto de Bienestar Familiar
- Internal Revenue Service, Ecuador
- Jolibee Foundation
- Ministerio de Familia, Nicaragua
- Ministry of Productivity, Ecuador
- National Comptroller's Office, Nicaragua
- National Corporation of Telecommunications, Ecuador
- National Human Resources Congress of Ecuador
- Office of the Mayor, Florence, Italy
- Office of the Mayor, Pisa, Italy
- Organization of American States (OAS)

- Philippine Navy
- Philippine Coast Guard
- Philippine Air Force Aviation Leadership and Excellence Nexus (PAF ALEN)
- Presidential Management Staff, Philippines
- Presidential Office of Colombia
- Rotary Club of the Philippines
- South African Broadcasting Corporation (SABC)
- Services Cooperative Association
- SME Puerto Rico
- South Montgomery County Chamber of Commerce, USA
- SPACES, BGC, Philippines
- SPACES, Makati, Philippines
- Texas Association of Addiction Professionals, Texas, USA
- The World Bank, New York, USA
- World Trade Center, Colombia
- United Nations, New York and Geneva
- Women in Technology International, Texas, USA
- World Academy of Science and Spirituality (WASS)
- Young Presidents Organization (YPO), Colombia
- Yuchengco Museum, Philipppines

# Pharmaceuticals, Healthcare & Scientific

- Abbott Laboratories
- Baxter
- Bristol-Myers Squibb
- Clendo Reference Lab
- Danville Medical Center
- Dupont
- GlaxoSmithKline
- Makati Medical City
- Medical Center of Imbanaco
- Norwalk Hospital
- Pharmacia
- Searle
- St. Luke's Hospital
- Tyco/Mallinkrodt
- U.S. Surgical

## SELECTED MEDIA APPEARANCES

- ABS-CBN Radio
- CNN Philippines, Live TV interview
- CNBC Alive and Wellness TV Show, New York/New Jersey
- Colombia: 6 TV Interviews
- Complete Well Being Magazine, Mumbai India, Oracle of Del Pe. Column for 2 years, 12 contributions
- Costa Rica: 4 TV Interviews
- Ecuador: Over 30 TV and Radio Interviews
- Evolution Radio Show (Houston, Texas)
- Garry Null Health Radio Show
- Healthy Lifestyles Radio Show
- Houston Business Radio Show
- Manila Broadcasting Corporation DZRH Radio (Manila, Philippines)
- Puerto Rico: 6 TV Interviews
- Press Interviews/Articles published in Houston Business Journal (USA), Woman Magazine (USA), Mujeres de Empresa (Uruguay), Terma Salud (Uruguay), Mujer y Negocios (International), La Prensa (Nicaragua) and Revista Samborondón (Ecuador)H
- Radio Jam 88.3 (Philippines)
- Venezuela: 2 TV Interviews
- 11:11 Talk Radio: 2 Interviews
- Cervantes Radio 93.5: 2 Interviews
- ABSCBN, Naimbag Nga Morning Show, Live Interview

## PUBLICATIONS

#### **Books and Ebooks**

- 1. Inner Powers (1st Edition 2001, 2nd Edition 2003, 3rd edition, 2012)
- 2. From Success to Fulfillment (2004)
- 3. Hidden Dangers of Meditation and Yoga (2005)
- 4.8 Types of Leaders Every Leader Should Know (2006)
- 5. The Third Eye: A Universal Secret Revealed (2010)
- 6. Aquarian Invocation: Bringer of the Diamond Age (2012)
- 7. MDP Ashram: Bringer of ARSE (Aquarian Religion of Service and Enlightenment) (2015)
- 8. Aquarian Revolution (2015)
- 9. Higher Science of Longevity (2017)
- 10. Beyond the Dark Night of the Soul (2018)
- 11. Sexual Alchemy & Divine Intimacy (2019)
- 12.12 Rules to Achieve Enlightenment (2019)

#### **CDs and Audio Downloads**

- 1. JustBE free Meditation: Self-healing meditation to regain your life and enjoy peace of mind daily
- 2. Inner Renewal Meditation: Guided meditation to balance your life
- 3. Namascar Meditation: A guided meditation Integrating the Personality, Soul and Spirit
- 4. Chantrams of Transformation: The Science of Sacred Sounds for Inner Transformation and Service
- 5. Meditation Music with Mantric Affirmations: Relax, heal, align and be free
- 6. JustBE Song: Empower what you want to be
- 7.0M of Virtues: Unfold your 8 core virtues to live healthier, work smarter, be happier and grow faster
- 8.8 Key Virtues to Live Your Greatest Life
- 9. Divine Alchemy: Achieve a powerful balanced life with one foot in heaven and one foot on earth
- 10. ARSE's 4th Pillar: 4-Step Daily Life Rituals for Mainstream Humanity
- 11. ARSE's 4th Pillar: 4-Step Daily Life Rituals for the Intelligentsia
- 12. Goodwill Mantra Meditation: (from the 'Meditation Made Easy' Series) Awaken right human relations with everyone in your life
- 13. Mantra and Meditation to Awaken the Heart: (from the 'Meditation Made Easy' Series) Open your heart and experience inner peace daily through mantric yoga
- 14. Meditation and Mantra for Balance: (from the 'Meditation Made Easy' Series) Center and balance yourself, experience oneness plus sharpen your instincts
- 15. Will-Power Mantra Meditation: (from the 'Meditation Made Easy' Series) Awaken your will-power and self-discipline through sacred sounds

#### **DVDs and Video Downloads**

1. JustBE alive: Martial Arts-Yoga Self-Healing Strategy

- 2. JustBE aligned: Martial Arts-Yoga Alignment Meditation
- 3. Will-Power Development Program: 3-level program to boost will-power and stamina